

# Pathophysiology

## Two.

< CNS Pathophysiology Summary >

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## \* Pathophysiology II :-

• Lec (16) :-

• Chapter (5) :- CNS Disorders

↳ Neurodegenerative disorders ✓

↳ Inflammatory disorders

↳ Infectious disorders

↳ Vascular disorders

↳ Autoimmune Diseases

↳ Tumors

## \* Neurodegenerative diseases :-

Diseases result from the damage of  
Neurons → "Basic, functional unit of  
CNS"

these diseases characterised by progressive loss

of Neurons  $\Rightarrow$  So it's not sudden

• general cause of Neurodegenerative diseases:-

↳ Accumulation of specific proteins in the affected areas

• the problem is that the proteins aggregated can spread, move from area to another

CNS is  $\Rightarrow$  affected area = Disease  $\Rightarrow$  affected area

• the proteins accumulated may cause Activation of the innate immune system & unwanted immune response

• different areas that can be affected  $\Rightarrow$  Neurodegenerative diseases:-

↳ Hippocampus: it's an area in CNS that can control the memory, behaviour, language.

So if there is protein related to Neurodegenerative diseases in that area can cause different diseases like Alzheimer's

→ Basal ganglia: also an area in the brain,  
it ~~is~~ controls movement.  
if effected

↳ Substantia nigra

↳ Nucleus striatus

↳ Hyperkinetic → Huntington Disease

↳ Hypokinetic → Parkinson Disease

↳ Cerebellum: part of CNS "Brain", it  
controls, regulates Motor  
Muscle Movement,  
if effected

↳ Ataxia → uncontrolled  
movement of the  
Body

↳ Myelin Sheath: the layer that covers, connects  
neurons whether in CNS, PNS.  
there is difference b/w sheets  
~~forming~~ in CNS & PNS.  
in proteins, lipids, also  
cells forming that sheet

↳ In CNS ⇒ the sheets are called Oligodendrocytes

↳ In PNS ⇒ Schwann cells

Same sheet  
the role is  
to control  
the speed  
of signals

So in Neurodegenerative diseases that affect  
the Myelin sheet in the CNS don't  
affect those in PNS

Myelinated  
faster than non  
myelinated

↳ Multiple Sclerosis disease

1. Multiple Sclerosis (MS) :-

Doctors refer to it as

↳ Neurodegenerative disease, other

↳ Myelin sheath disease

That's cause the general cause of it  
is sub aggregation, accumulation of  
plaques.

The cause is Autoimmune Response

So it's considered as Autoimmune  
Disease

Damage ⇒ ⇒ Neurodegenerative

Most Neurons in CNS are  
myelinated, located in  
area called the white  
matter.  
Some are unmyelinated  
in the dark matter

Progressive

It's ~~an~~ a <sup>↑</sup> Neurodegenerative disorder that  
characterized by demyelination of CNS  
Nervous  
↳ Myelinated in white matter  
↳ Destruction in  
brain, spinal cord

Diseases affecting the Myelin sheath  
are two types

↳ Demyleinating Diseases

↳ Dismyelinating Diseases

↳ abnormal formation  
of the Myelin  
sheath in the  
normally Myelinated  
Nervous.  
of the substance  
of all

↳ Destruction, Degradation  
or demyelination of the  
normal Myelin sheath  
↳ Myelin coat of  
sheath  
↳ Cupid ones

So it affects the  
sensory, motor function,  
emotional, behavior

My Myelin sheath Nerves is specific layer,  
its Lubrication will be affected

Neuro - 11/10/2019

• Women have more chance of MS  
2:1 Ratio

\* causes :-

Autoimmune Response is the main  
Cause.

There are Risk factors increase the  
possibilities

- ↳ Infections → Mostly viral <sup>reduced per permeability</sup>
- ↳ Genetics → in compounds of BBB
- ↳ Drugs → (Toxins, chemical substances)

\* pathogenesis :-

Autoimmune disease → So Autoimmune  
Response,

So granule cells in the Autoimmune  
Response are: Th1, Th17



BBB in general prevents the passage of immune cells to the CNS.

The cells responsible for immunity in the CNS are cells called

Microglia.

↳ already exist in CNS, responsible for first immune response in CNS.

immune cells might present in very low amounts "inactive"

So don't have any role in CNS

immune cells (Th1, Th17, B-cell)

Myeloid sheath contains proteins, lipids... maybe one of the constituents are considered to be antigens, so immune system treats it as foreign substances or maybe treat oligodendrocytes that form the sheath in CNS as foreign substances

\*We mentioned that immune cells don't cross the Blood Brain Barrier, how does T cells

the responsible for the pathogens?  
That constituent that is being treated  
as foreign substance "protein" it  
can cross BBB from brain to  
blood.

So detected by dendritic cells,  
Macrophage  $\Rightarrow$  stimulation of  
innate immune system, Adaptive

Being differentiated  $\Rightarrow$  Th0  $\hookrightarrow$

Th1  $\Rightarrow$  Activation through IL-2 to  
CD-3,  
and through the MHC pathway  
secretion of the IF- $\gamma$   
Activates Macrophage, B-cell

Secretes Anti-Body  $\Rightarrow$  Turns into  
Plasma B-cell  
IgG, Memory  $\rightarrow$

That's all in the blood outside the  
BBB

all the risk factors mentioned above  
 the permeability of BBB so immune  
 cells that are activated against  
 Antigen cross BBB according to APC  
 Antigen through Antigen-presenting cell,  
 Macrophage, Chaperonin like Anti-Body  
CD-2 - - -  
 all the attacks to Antigen in Myelin  
 sheath or oligodendrocyte so damage  
 of them so Demyelination of Nerves  
 so MS.

### \*Symptoms-

Depends on what Area the Demyelination  
 occurs.

it may happen in any area in  
 Myelinated Nerve

↳ Cerebellum ⇒ Ataxia, Tremor

↳ Cranial Nerve ⇒ Diaptoria, less Vesicles

↳ Motor Nerves ⇒ Paralysis

↳ Sensory Nerves ⇒ Numbness, burning

Maybe there is damage in ~~cerebellum~~  
More than one area, or maybe all  
of them.

## • Diagnosis

↳ through symptoms — area of demyelination

↳ imaging (plaques)

↳ Evoked potentials → speed of signal strength

↳ CSF → detect cytokines, immune cells presence

## \* Treatment

generally No treatment

but we can use immunosuppressants  
Drugs to symptoms.

need  
need  
need  
Mg

# Parkinson disease (PD) :-

it's a progressive Neurodegenerative disorder characterized by hypokinetic movement disorder that caused by loss of dopaminergic Neurons, in Basal ganglia <sup>in</sup> Substantia nigra, <sup>in</sup> Neostriatum <sup>in</sup> Cerebellum

↳ part of Brain ~~causes~~ controls movement through balance B/W two neurotransmitter Ach/Dopamin.

↳ Cholinergic pathway

↳ Dopaminergic pathway

In case of parkinson's disease there is No balance B/W there due to destruction, degeneration of dopaminergic Neurons in Substantia nigra

• Since it's effect is on the movement the problem is w Motor Neurons.

In severe cases the ↓ Adrenaline will be less

## \* Causes :-

Depends on the Type :-

### ↳ Primary PD

idiopathic  $\Rightarrow$  unknown cause, in general the cause is known "it's Neurodegenerative Disease"  
So the general cause is degeneration of some proteins,

in case of PD the protein is  $\alpha$ -synuclein <sup>synuclein</sup> which is protein is substance that controls the movement of vesicles containing neurotransmitter and controls the secretion of neurotransmitters,

### ② have role in DNA Repair

as any protein, after period of time the body gets rid of it through phagocytosis "Autophagocytosis"

"Normally"

~~Damage~~ ~~25~~

If there is aggregation in  $\alpha$ -synuclein that causes damage in Neurons.

In PD there is aggregation in  $\alpha$ -synuclein forming large molecules causing damage of Neurons  $\Rightarrow$  "Dopaminergic Neuron"

"it's unknown what causes the aggregation"

the problem increases w/ age

Secondary PD:-

Damage in dopaminergic Neurons due to encephalopathy like

encephalitis, vascular disease, Dopaminergic Antagonists.

The result is  $\rightarrow$  Dopaminergic Neuron loss  
So imbalance b/w Dopamin/Act

So PD

!!! دوپامين و آکٹو

# Pathogenesis -

Basal ganglia  
↳ striatum  
↳ substantia nigra

PD is Degenerative Disease against Dopaminergic Neurons in Substantia nigra ①

Nigra,

other part of Basal ganglia have Park in PD which is Neostriatum ② GABAergic Be Motor function.

Striatum can be supplied by different Neurons like cholinergic Neurons, glutamatergic Neurons and Be Substantia nigra supplies it

↳ dopaminergic Neurons

Inhibitory Neurons

Activating Neurons

in Normal cases balance should be B/w Ach / Dopamine primarily and glutamate

also Striatum supplies Substantia nigra through GABA Neurons



we must be balance b/w these neurotransmitters to get the normal Motor Movement. heavy Bodies  
↑

aggregates: "4-syn"

Due to X-Lacty "genetic problem" there will be degeneration to the proteins X-Serment in substance Nucleus "Deparmergic Neutches", So Damage in Deparmergic Neurons so imbalance.

Now the inhibitory pathway the cause of Balance to the Activatory Neurons

So over Activation of synapses of parkinsons disease

\*Symptoms:-

Ans:-  
GTT problems,  
Speaking problems  
CBS problems

- ↳ Tremor
  - ↳ Rigidity
  - ↳ Bradykinesia
  - ↳ Postural instability
- Main

## L<sub>1</sub> Tremor

↳ occurs at Rest

↳ disappears at Movement, sleeping

↳ mainly in hands Moves to lips, jaw, legs

↳ Bell-Rolling shape at hand

## L<sub>1</sub> Rigidity

↳ stiffness, harshness in skeletal muscles  
Due to over-stimulation in muscle  
Due to Ach imbalance

## L<sub>1</sub> Bradykinesia "Slow Movements"

↳ due to problem in joints + imbalances

## L<sub>1</sub> Postural instability

↳ Not able to stand straight

due to impairment in postural Reflex

## \* Treatment -

Recovery of Balance BSW Ach,  
Dopamin -

↳ Dopaminergic Agents

↳ Dopaminergic Replacement Therapy

↳ Stimulus of Dopamin system

↳ Cholinergic Antagonists

# \* Pathophysiology II -

• Lec (17) :

## 3 Alzheimer's Disease (AD) :-

it's also a neurodegenerative disease, results from damage in neurones in hippocampus

• Some researchers consider Alzheimer's Disease as "Dementia". الترف

↳ CNS disorder that is chronic, progressive, occurs in an area called Cerebral Cortex that is responsible for cognitive skills such as: thinking, judgment, memory

also one of subtypes of Alzheimers is Alzheimer Dementia.

• Causes of dementia :-

Vascular diseases

Conduct

infectious - - -

But Major Cause is

Alzheimer's Disease  
70% of cases

## Symptoms of Dementia:-

- Characteristic symptom is loss of Memory  $\Rightarrow$  "the short-term memory" but the long term is affected in the long term. "Cases of progression"
- Since it affects the cerebral cortex there will be impairment w/ some cognitive skills such as language, thinking, judgment, learning ability.
- Normal skills are difficult like eating, wearing etc.
- Confusion of time and place
- others ...

## \*AD:-

Progressive neurodegenerative disease characterised by Cerebral atrophy and loss of Neurons in hippocampus

- \* Hippocampus is part of the Cerebrum
- \* There is shrinking "Atrophy" in Cerebrum
- \* Most place affected w/ Atrophy is Hippocampus
- \* The Disease is Mild Cognitive Impairment
- \* Remember: general cause of Neurodegenerative diseases is accumulation of specific protein in specific ~~area~~ area in Brain
- \* For AD  $\Rightarrow$  ... of  $\beta$ -Amyloid and Tau-Proteins in cerebral cortex  
"C" Mentally

and also

Main cause of this disease is unknown  
"Causative agents of accumulation"  
but there are risk factors

Age 3% incidence for those 65-74 y  
20% incidence for those 75-84 y  
50% incidence for those +85 y

1/10 of the population of people +65 y  
have alzheimers -

50% of population +85 have AD

### ↳ Genetics

Mutation in some proteins, enzymes  
Aggregation of  $\beta$ -Amyloid,  $\tau$ -probs

↳ Oxidative stress  
~~in the~~ free radical aggregation of  
these proteins in the cell.  
hippocampus

### \* Pathogenesis:-

initiation of it depend on aggregation  
of the two proteins  
↳  $\beta$ -Amyloid

↳  $\tau$ -proteins

$\beta$ -Amyloid: the body synthesise it through  
precursor called  $\beta$ -Amyloid  
precursor protein located in the  
cell membrane in Neuron.  
it has two functions.

Central growth of Neurons  
↳ Repair damaged Neurons

Two enzymes work on it

↳  $\beta$ -Secretase enzyme

↳  $\gamma$ -Secretase enzyme

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They cause lysis - fragmentation of Amyloid protein, as result we get smaller fragments of the protein, one of these fragments is the  $\beta$ -Amyloid protein as

Monomer

The  $\beta$ -Amyloid protein located in the CNS, other tissue.  
in CNS it

- ⇒ Central signaling of synapses
- ⇒ protect against oxidative stress
- ⇒ Activation of kinase enzyme  
causing phosphorylation  
have main role in signal transduction



$\tau$ -Proteins: group of proteins "b"  
~~the~~ they cause interaction,  
Binding to Microtubules  
cytoskeleton of  
skeleton

Stabilization of shape of Axon  
decrease in axon

Stability of  $\tau$ -protein

$\tau$ -Proteins bind to the surface  
of Microtubules to cause stabilization  
of Axon.

The disease occurs due to aggregation of the  
proteins and what causes that is unknown  
but there are risk factors ...

a factor causes aggregation ???

Let  $\beta$ -Amyloid protein it exists in the body  
as plaque does it's function over the body

As part of it ~~the~~ ~~the~~ ~~the~~ then  
the body synthesise it again through  
transcription factor stimulates Amyloid  
precursor protein synthesis,,,

in presence of risk factor that lead to  
aggregation of Monomer " $\beta$ -Amyloid  
protein" forming oligomer then then  
will be further aggregation of the  
 $\beta$ -Amyloid protein forming  $\beta$ -Amyloid  
Plaques  $\Rightarrow$  if these where secret  
Now it's AD.  $\rightarrow$  extracellular <sup>and intracellular</sup> aggregates

that's characteristic

that secret plaque is very toxic  
to the neurons "the the monomer"

the toxicity observed that's due to one  
Mechanism

$\hookrightarrow$  Distribution in  $Ca^{2+}$  homeostasis so cell  
injury may develop to irreversible  
cell injury so cell death "Apoptosis"

↳ Disruption in Mitochondrial Membrane,  
as result secretion of Cytochrome c  
that activates Caspase, pro-Caspase  
enzymes initiating apoptosis process  
in intrinsic pathway  $\rightarrow$   $\text{Caspase} \leftarrow \text{pro-Caspase}$

↳ Hyperactivation of kinase enzymes  $\rightarrow$   
hyperphosphorylation of  $\tau$ -proteins

Final result Neural damage, synaptic  
Damage

For the  $\tau$ -proteins, they are  
accumulated, aggregate when there is  
hyperphosphorylation by amyloid  
precursor,  $\text{A}\beta \rightarrow$  Cholesterol  $\rightarrow$  Amyloid  
~~precursor~~ Neurofibrillary  
Damage within tangl  $\rightarrow$  intra  
aggregate inside neurones

In Advanced Cases

Symptoms :-

Similar to dementia,

↳ early symptoms loss of short term memory. "early stage" MIP case

↳ Confusion with time, location

↳ Difficulty complete Normal tasks

↳ End-stage can't recognize his family, he might be aggressive may kill.

\*Diagnosis :-

↳ Symptoms

↳ image - Two characteristic of Alzheimer's  
Tangles of  $\tau$  - Aggregation  
inside cell, "Neurofibr"

$\beta$ -Amyloid was Deposition of  $\beta$  Amyloid  
Plaque ~~intracellular~~ extracellular

= Shrinkage of cortex "hippocampus"

## \* Treatment :-

No treatment, the purpose of treatment is to slow down progression of symptoms

↳ Cholesterolase inhibitors

↳ Drugs Work Anti-Body against proteins

↳ Drugs to Reduce symptoms

↳ glutamate Antagonists "against NMDA"  
'Memintex'