

# Phototherapy

## dr mazen

### final 2015

25 January 2015

Time: 2h

M: /100

**FINAL EXAM 2014/2015**

اسم الطالب/ة بالعربية (ثلاثي):

1. Why the pharmacist needs to ask the patients questions before recommending treatment?

2. What Pharmacist need to know from the patient suffering from cough

Question you need to ask	Why
Age	
Duration	
Nature	
Association symptoms	
Previous history of hypertension od diabetes	
Previous history of Gastro-oesophageal reflux	
Smoking Habit	

**Management**

Lifestyle	Nutrient	Drugs
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>	<ol style="list-style-type: none"> <li>1.</li> </ol>

**3. What Pharmacist need to know from the patient suffering from Diarrhoea**

Question you need to ask	Why
Age	
Duration	
associated symptoms	
Other family members affected.	
Previous history	
Medication	

**Management**

Lifestyle	Nutrient	Drugs
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>	<ol style="list-style-type: none"> <li>1.</li> </ol>

4. What Pharmacist need to know from the patient suffering from Hair Loss

Question you need to ask	Why
<b>Sex</b>	
<b>Duration</b>	
<b>Other symptoms</b>	
<b>Disease</b>	
<b>Medication</b>	

**Management**

Lifestyle	Nutrient	Drugs
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>	<ol style="list-style-type: none"> <li>1.</li> </ol>

5. What Pharmacist need to know from the patient suffering from headache

Question you need to ask	Why	
Age		
Duration		
Nature and site of pain		
Previous history		
Other symptoms		
Recent trauma or injury		
Recent eye test		
Diet		
Medication		
Management Lifestyle	Nutrient 1.	Drugs 1.
• •		

6. What Pharmacist need to know from the patient suffering from Cystitis

Question you need to ask	Why
Age	
Symptoms	
Associated symptoms	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
Duration	
Previous history	
Medication	

**Management**

Lifestyle	Nutrient	Drugs
<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>	<ol style="list-style-type: none"> <li>1.</li> </ol>

7. What Pharmacist need to know from the patient suffering from insomnia

Question you need to ask	Why
Age	
Symptoms	
Duration	
Previous history	
Medication	

Management	Nutrient	Drugs
<b>Lifestyle</b> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>	1.  2.	1.

**8. Complete the following table:**

<b>Common symptoms in pregnancy</b>	<b>Treatment</b>
<b>Constipation</b>	<b>Lifestyle:</b>
<b>Haemorrhoids</b>	<b>Lifestyle:</b>
<b>Backache</b>	<b>Lifestyle:</b>
<b>Heartburn</b>	<b>Lifestyle:</b>
<b>morning sickness</b>	<b>Drug</b>
<b>Vaginal discharge</b>	<b>Nutrient:</b>

9. Complete the following table:

Drug / Nutrient	Target patient (s)
Vitamin D	
α-Lipoic acid	
Methyl Sulfonyl Methane	
Fructo-oligosaccharides	
Hypericum perforatum	
Caraway seed	
Mineral Water	
Milk Thistle	
Calcium & Magnesium	
Saw palmetto	

**10. Write 10 causes of cancer disease & what can be done to reduce the risk of nutrition-associated cancer?**

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

*What can be done to reduce the risk of nutrition-associated cancer?*

**GOOD LUCK!**  
**Dr. Mazen El-Sakka**  
**January 25, 2015**